### Grades 3 & 4 - 0.5 Mile Course



# Gr. 5 & 6 - 1.0 Mile Course

#### 1.0 Mile Course Turn-Around

There will be slower runners going out while the faster runners are coming in on the long straight hill.

Remind your runners to stay "outside on the way out" and "inside on the way in". It is a 12-foot wide path, so there should be plenty of room.





## Gr. 7 & 8 - 1.5 Mile Course

### 1.5 Mile Course Long Hill

Although likely fewer than in the 1.0 Mile Race, there may still be slower runners going out while the faster runners are coming in on the long straight hill.

Remind your runners to stay "outside on the way out" and "inside on the way in". It is a 12-foot wide path, so there should be plenty of room.

This course follows the double -line-marking of the existing course very closely.

