

# Prayer to Saint Sebastian

Patron Saint of Athletes

"Dear Commander at the Roman Emperor's court, you chose to be also a soldier of Christ and dared to spread faith in the King of Kings, for which you were condemned to die. Your body, however, proved athletically strong and the executing arrows extremely weak. So another means to kill you was chosen and you gave your life to the Lord. May athletes be always as strong in their faith as their Patron Saint so clearly has been. Amen."

Courtesy Play Like a Champion Today via  
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