

## A Prayer for Practices

Lord,

We thank you for bringing us here today and  
ask that you bless this practice.

May we who participate here grow not only in  
our athletic ability,

but also in our relationship with you and in  
our love for others.

Help us to use the talents you have given us to  
the best of our ability.

Help us to learn virtue through this endeavor,  
that we may grow in our understanding of this  
game and of life.

Keep all gathered here today safe from injury  
and help us to glorify you through all that we  
accomplish in this practice.

We ask too for the intercession of your  
Mother, that she may watch over us and pray  
for us. Amen.